



Where can volunteers help?

Volunteers can become involved in many different areas of work. They can help in our fundraising offices in Edinburgh, Glasgow, Kinross and Aberdeen. Opportunities are also available in our Head Office, in our shops, in Rachel House and Robin House and with CHAS at Home. Throughout Scotland there are roles in public speaking, placing collecting cans and Friends Groups.

Here are some of the things volunteers do for CHAS:

- reception and office duties
- administration and computer work
- helping in our shops
- helping with mail order
- fundraising
- public speaking
- driving
- gardening
- helping with general maintenance
- helping with meals and baking in our hospices
- housekeeping
- hairdressing
- complementary therapies
- working with children
- bereavement befriending.



What do I do next?

If you are interested in becoming a volunteer and would like to know more, please contact your local CHAS office below or email info@chas.org.uk.

Fundraising Offices and Head Office

Edinburgh Fundraising Office	0131 444 1515
Kinross Fundraising Office	01577 865222
Aberdeen Fundraising Office	01224 645000
Glasgow Fundraising Office	0141 779 6180
Head Office, Edinburgh	0131 444 1900

Shops

CHAS Gift Shop, Kinross	01577 865557
CHAS Bazaar 1 Shop, Kinross	01577 861380
CHAS Bazaar 2 Shop, Kinross	01577 865190

Hospice Services

Rachel House, Kinross	01577 865777
Robin House, Balloch	01389 722055
CHAS At Home (Inverness)	01463 248479



"I want to give something back."

"It's fun, it's a good place to be."



Scottish Charity Number SC 019724.

Photography by Paul Hampton.



Children's Hospice Association Scotland
Sharing the Caring

Interested in helping CHAS?

An information leaflet on becoming a volunteer





Who are we?

The Children's Hospice Association Scotland (CHAS) is a Scottish charity established to provide hospice services in Scotland for children and young people with life-limiting conditions.

A children's hospice offers professional care, practical help and emotional support to the whole family usually from the day of acceptance, to the death of their child, and beyond.

Rachel House in Kinross, Scotland's first children's hospice, opened in March 1996. Robin House in Balloch opened in August 2005. Both hospices are purpose-built and each can provide ongoing support for up to 200 families across Scotland each year. The CHAS at Home Team offers support to families across Scotland by providing a home care service to families in their own homes when they need it.

"We all make very good friends – I think that's one of the wonderful things about volunteering."



The need

We all expect children to grow up healthy and strong. Sadly, though, some parents are living with the knowledge that their child's life will be short.

When it is known that life is short, two things become very important to a family: the quality of life and the enjoyment of the time that is left. Caring for a seriously ill child or young person puts an immense physical and emotional strain on the whole family. There are huge demands in both time and energy when caring for a sick child.

The children's hospices are a home from home, offering a place where families can relax, recharge their batteries and have fun with their children. Expert care is on hand to help them make the most of each day and live life to the full.

Rachel House and Robin House are not sad places, but places for living. They provide opportunities to share concerns and worries with people who understand. They offer fun and laughter, enjoyment, love and support.

"The volunteers are amazing." (a parent)



Why do we need volunteers?

CHAS is fortunate to have the help of hundreds of volunteers throughout Scotland. Our volunteers bring a wealth and variety of skills which adds to that of our paid staff and allows us to do more for the children, young people and families. They help to raise awareness of the work of CHAS and develop strong links with communities across the country.

CHAS will always need the help and support of volunteers although our greatest areas of need may vary.



"It's a great satisfaction being able to help children and their families."



What skills do I need to become a volunteer?

You do not need to have any special qualifications. Our volunteers come from all walks of life and bring many talents and skills, all of which are put to good use.

All we ask is that you have a willingness to share your time with others, be good with people and work as part of a team.

