

INCOMING TXT
FROM...



Sum1 i luv
has died.

CHAS

Share ur
emotions.



CHAS

OK 2 B angry.
B careful how
u direct it.



CHAS

Their pain
is over.
OK 2 B happy.



CHAS

People just
want 2 make
sure ur OK.



CHAS

It's OK 2
not kno wot 2 do.



CHAS

It's OK 2 cry.
Let it out.



CHAS

It's OK 2
enjoy life.
Remember
the gud times.



CHAS

For more information
contact the family
support team.

Rachel House
tel: 01577 865777
email: info@chas.org.uk

Robin House
tel: 01389 722055
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CHAS



Children's Hospice Association Scotland
Sharing the Caring

A special thank you goes to
Andrew Grace and Craig Murray.

www.chas.org.uk

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